

My Mass Journal

To help children learn how to listen to God's Word, we are using a Mass Journal where children can write their understanding of the weekly readings. They should attend Children's Liturgy of the Word which occurs at the Sunday 9:00 and 11:00 am Masses.

- To prepare for Mass, you can read the scripture before going so that Children's Liturgy of the Word is your child's second hearing of the scripture. You can do this Friday night or Saturday, it does not have to be immediately before Mass.
 - Find the Sunday scripture on the USCCB.org website, use the calendar.
 - Find the readings with child-friendly wording on BibleGateway.com. Put in the scripture citation and use the arrow to the right to find the Contemporary English Version (CEV) which is the Bible version used for the Children's Lectionary.
 - If you miss Mass one week, please use the preparation instructions above to locate the readings, discuss them with your child, and then have them write their thoughts.
- Share with them the Liturgical Calendar information near the front of their journal to help them understand the church seasons and the meanings of the different liturgical colors they will see in the church.
 - Note that the headers for each Sunday are colored to represent the liturgical season to help them make the connections.
- As much as possible, encourage your child to write their gospel reflection shortly after church so that they don't forget.
- Their Mass Journal should be kept at home so that there is less chance of it being lost.
- The Journal will be turned in at the end of the program year.